



# prana kitchen

RAW VEGAN MENU

## BREAKFAST

Original Chia Pudding	Rs 325
Cacao Chia Pudding	Rs 400
Berry Chia Pudding	Rs 400
Pancake w Fresh Fruits	Rs 400
Gluten-free Upma	Rs 325
Lemon Nachni Sevai	Rs 400
Tomato Nachni Sevai	Rs 400
Organic Red Rice Poha	Rs 325

## SOUPS

Hearty Pasta Soup	Rs 350
Gazpacho Soup	Rs 300
Thai Soup	Rs 325
Lentil And Cumin Soup	Rs 230
Minestrone Soup	Rs 325
Cream Of Mushroom Soup	Rs 300
Dill And Tomato Soup	Rs 230



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### SALADS

Greek Salad	Rs 400
Watermelon And Feta	Rs 400
Gado Gado Salad	Rs 325
Rainbow Salad	Rs 400
Coleslaw Salad	Rs 325

### MAIN DISHES

Zoodles in Pesto	Rs 400
Raw Pizza	Rs 600
Lentil Crêpes	Rs 520
Spaghetti	Rs 520
Raw Lasagna	Rs 520
Bbq Mushrooms	Rs 520
Quesadillas	Rs 520
Cheese Balls with	Rs 500
Housemade Ketchup	
Nachos	Rs 450
Fada Khichdi With Kokum Curry	Rs 455



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### MAIN DISHES

No Bread Sandwich	Rs 455
Mushroom Risotto	Rs 520
Buddha Bowl	Rs 500
Burrito Bowl	Rs 500
Thai Vegetables With Rice	Rs 500
Beet & Sweet Potato	Rs 455
Patties With Chutney	
Whole wheat	
Mac n Cheese	Rs 500

### CHEESE BLOCKS (100 GMS)

Herbed Cheese	Rs 380
Almond Feta	Rs 380
Truffle Cheese	Rs 480
Sundried Tomato Cheese	Rs 480
Black Peppercorn Almond- Feta	Rs 480



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### DIPS (200 GMS)

Jalapeño Cheese Dip	Rs 375
Nacho Cheese Sauce	Rs 375
Smoked Babaganoush	Rs 375
Olive Dip	Rs 500
Pesto	Rs 430
Fresh Salsa	Rs 260
Hummus	Rs 325
Olive Tapenade	Rs 550
Zucchini Hummus	Rs 325
Cheesy Corn Dip	Rs 400
Raw Harissa	Rs 325

### PROBIOTICS

Rejuvelac (Glass)	Rs 70
Rejuvelac (1 Ltr)	Rs 460



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## COOLERS

Fennel Cooler	Rs 200
Golden Mylk	Rs 230
Thai Iced Tea	Rs 260
Cucumber And Mint	Rs 200
Popeye	Rs 200
Kokum Cooler	Rs 200
Vegan Chaas	Rs 200
Energy 13	Rs 260
Aam Panna (Seasonal)	Rs 260
Pista Milkshake	Rs 300

## MYLKS (220 ML)

Almond Mylk	Rs 200
Coconut Mylk	Rs 200
Sesame Mylk	Rs 200



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### SMOOTHIES

Go Bananas!	Rs 180
Chikoo And Banana	Rs 260
Raw Cacao Shake	Rs 325
Peanut Butter And Banana	Rs 200
Green Goddess	Rs 325
Almond Butter Dream	Rs 325

### TEAS

Cinnamon Tea	Rs 150
Ginger Tea	Rs 150
Hot Chocolate	Rs 300

### CHOCOLATES

Chocolate Bark with toppings for preference (Almonds, cacao nibs, rose, orange rind etc)	Rs 520
Chocolate Almond With Sea Salt (150 Gms)	Rs 460

**DESSERTS**

Banoffee Jar (Raw/Baked)	Rs 370/ 400
Lemon Cheesecake Jar	Rs 370
Berry / Mango / Seasonal Cheesecake Jar	Rs 450
Raw Brownie	Rs 300
Apple Pie Jar / Muffin (Raw/Baked)	Rs 350
Peanut Butter cup	Rs 350
Tiramisu Jar (Raw/Baked)	Rs 400/ 550
Mini Donuts box of 4(Chocolate/Hazelnut)	Rs 1200
Laddoos Assorted (Box of 10)	Rs 850
Ice Cream Jar (Berry, Mango, Cookies & Cream, Cacao, Salted caramel)	Rs 550
Hazelnut & Chocolate chip cookie	Rs 300
1/2 kg/ 1 kg Chocolate/Vanilla Cake	Rs 1800/3600
Chai Spiced Tea Cake /Banana bread 500g	Rs 1000
Carrot cake (with Frosting) 500g	Rs 1200
Zucchini Chocolate chip bread 500g	Rs 1000
Cacao muffin w Nutella/walnuts/choco-chips	Rs 350
Lavender Panacotta Jar	Rs 500
Raw Cacao Truffle Jar	Rs 550
Raw cacao Mini Tart	Rs 1200
Nutella Jar	Rs 650
Goey Chocolate brownie almond flour/Gf Flour	Rs 300